

Healthcare Provider Conversation Guide

Pinch tummies, not pennies

Accessible fertility injectables, for the common good.

How to “have the talk” with your healthcare provider about our accessible fertility injectables, for a few more shots at growing your family. Your first fertility consult appointment can be very overwhelming.

You’re more than likely to have many questions and want to ensure you have as many of those questions answered.

Be sure to bring a list of those questions with you or use our list to get you started. It is essential that you receive all the information that you can about your fertility care as you will need to make informed decisions about your treatment.

And remember, knowledge is power, so ask away!

Testing and Diagnosis

- What tests will I need to check my fertility?
- What tests will my partner need to check fertility?
- How do you determine a diagnosis and when (how fast)?
- Is fertility testing performed at the clinic?
- Are procedures performed at the clinic?

IVF Clinic

- How many providers are in this clinic?
- Will I only meet with you?
- How long have you been performing these procedures?
- When undergoing IVF, will you perform all egg retrievals and embryo transfers?
- What role does the nursing staff play?
- Does your clinic offer fertility counseling?
- What time will my appointments typically be and what days of the week?
- How do you monitor during treatment cycles and how often?
- Who should I call after office hours?
- How will I be notified about test results and/or instructions?

Treatment

- What are my fertility treatment options?
- What is the chance for success?
- How many cycles could it take for success?

- How many cycles of one treatment are done before moving on to another treatment?
- If I am not successful with a cycle, what is the time period before starting again?
- What is the difference between an ovulation induction cycle and an in-vitro fertilization cycle?
- What are your IVF success rates?
- Do you suggest I consider elective single embryo transfer? How will you help me to not conceive multiples?
- What are the risks of the treatment you are recommending?
- Do you recommend any lifestyle changes to improve my chance of conception?
- Do you recommend acupuncture?
- What can I do to prepare for fertility treatment?
- How can my partner prepare?

Fertility Medication Questions

- Does this clinic teach me how to take my medications?
- What are side effects to the medications and/or treatment?
- How many injections are needed for an ovulation induction cycle?
- How many injections are needed for an in-vitro fertilization (IVF) treatment cycle?

IVF Lab Questions

- Do you recommend fresh or frozen embryo transfers?
- How many embryos do you transfer at once?
- Do you usually transfer embryos on the 3rd or 5th day?
- What is your freezing process?
- How many eggs or embryos do you thaw for a cycle?
- Do you store eggs and embryos at the clinic?
- If you store offsite, how do you transport back to your clinic?

Third-Party Reproduction Questions

- Do you work with specific egg donor agencies?
- Do you have an internal egg donor bank program?
- Do you recommend one sperm bank over another?
- Do you work with a specific surrogacy program?

Financial & Insurance Questions

- Do you accept my insurance?
- What tests and treatment is covered by my insurance?
- Can someone explain what services will be covered by my insurance?
- How much do tests cost?
- How much will I need to pay for treatment and what does that price include?
- Do you offer financing for treatment?
- Do you have a financial savings program?
- Do you have a recommended fertility pharmacy?
- Do you participate in clinical trials?